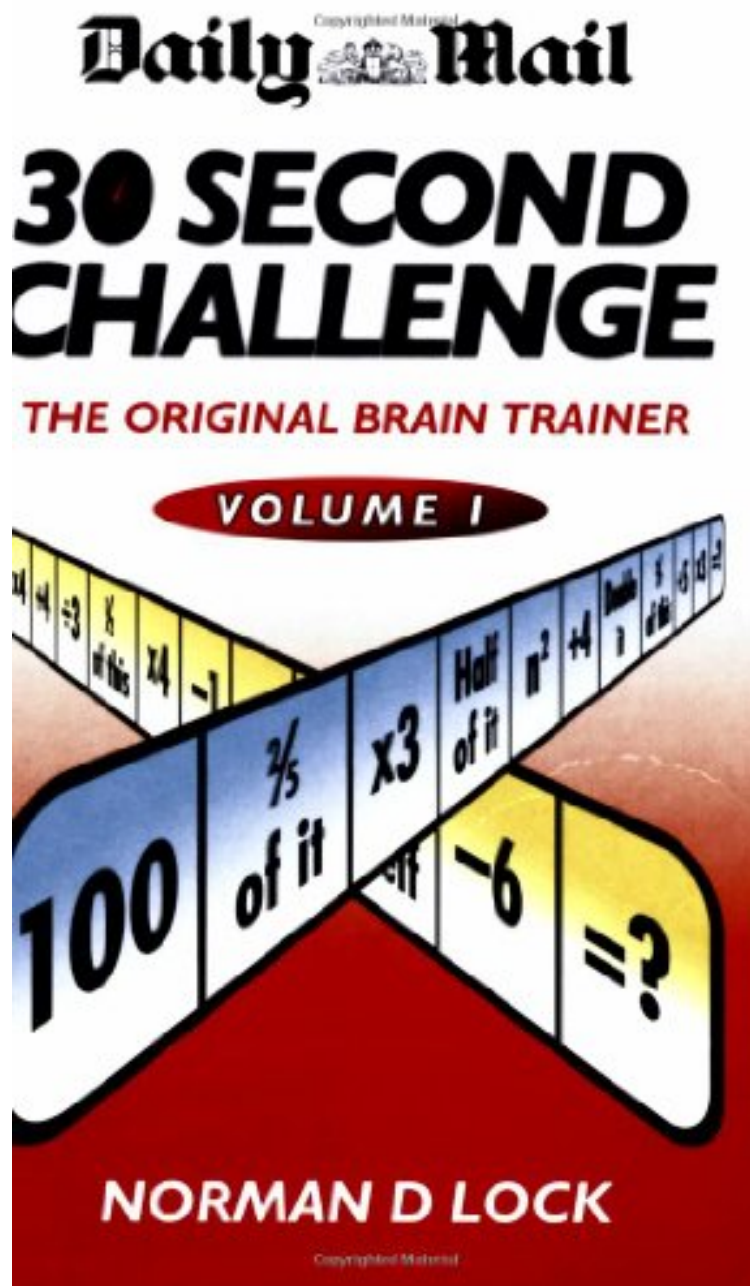


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purchasing it in order to gauge whether or not it would be worth my time, and all praised Daily Mail 30 Second Challenge: The Original Brain Trainer Volume 1 (v. 1):

1 of 1 people found the following review helpful. One of the best books ever written!By Heather ShawWe do a few of these puzzles every day with our children. We started doing them when they were in the Daily Mail. They are now both in the top maths groups at school. Our son won the year 8 maths prize and was the best at maths in his whole intermediate school - I am sure this is due to this wonderful book and also volume 2 which we enjoy doing together. Norman D Lock is a hero - everyone should have and use this book!0 of 0 people found the following review helpful. Maths I loveBy annie campbellThis book is wonderful and I love it. Wanting more of the same and great for brain challenge ...more please. Postage abhorrent charges

Perfect for anyone young or old looking to sharpen their mental math skills, these fast and fun puzzles are designed to rejuvenate and stimulate the mind. A range of difficulty levels from beginner to advanced are included, making this a suitable collection for all ages and abilities. With puzzles that include simple addition and subtraction as well as more challenging problems involving percentages, fractions, and square roots, these are the ultimate brain-training tools for people on the go and anyone who wants to expand their mental agility.

About the Author Norman Lock is a former teacher and the author of several puzzle books for kids, including 30 Second Challenge: Facts and Figures About Shape and Measurement, 30 Second Challenge: Mystery Numbers with Fractions, and Essential Number Skills.