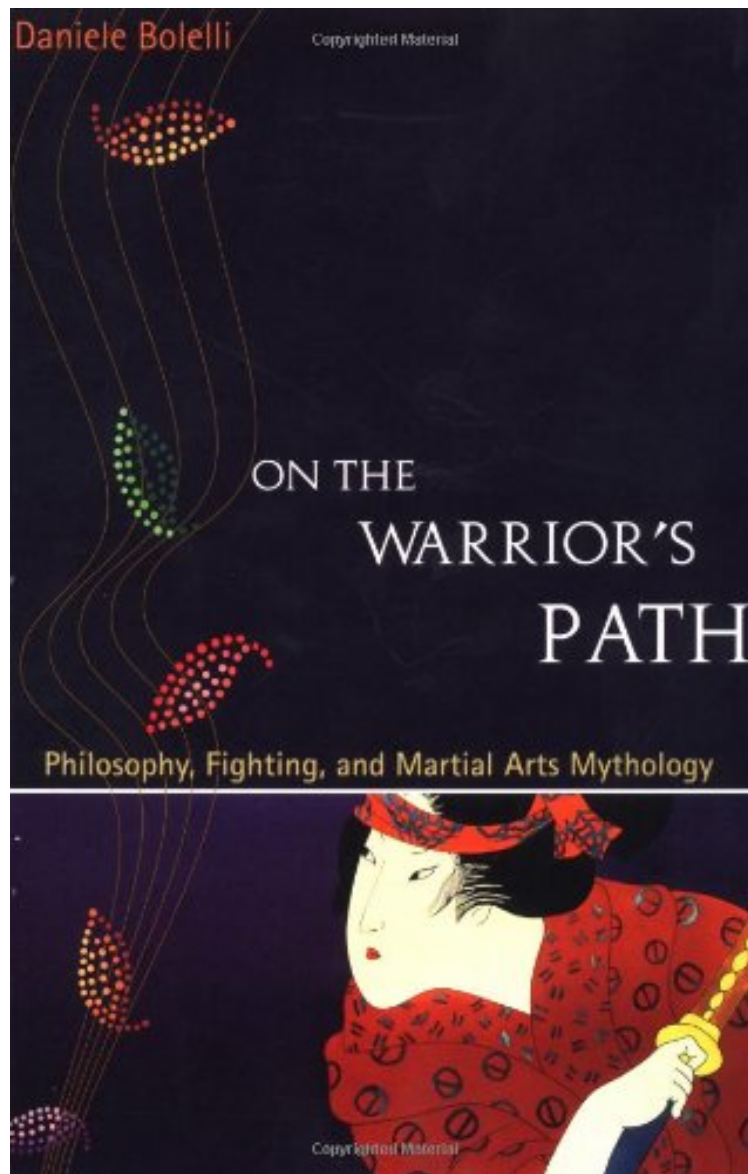


(Ebook free) On the Warrior's Path: Philosophy, Fighting, and Martial Arts Mythology

# On the Warrior's Path: Philosophy, Fighting, and Martial Arts Mythology

*Daniele Bolelli*

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#708987 in Books 2003-02 2003-02-20Original language:EnglishPDF # 1 9.00 x .52 x 6.021, #File Name: 1583940669200 pages | File size: 75.Mb

**Daniele Bolelli : On the Warrior's Path: Philosophy, Fighting, and Martial Arts Mythology** before purchasing it in order to gage whether or not it would be worth my time, and all praised On the Warrior's Path: Philosophy, Fighting, and Martial Arts Mythology:

2 of 2 people found the following review helpful. A Refreshing perspective  
By Jarrad M Tew  
This book could not have come along at a more important time in my life. Having 14 month old twins boys has made me question how to set them up to do be men. I have always had the utmost respect for martial artists and a bit of envy too. This book made me question my own fears and insecurities about taking on something I always wanted to but made too many excuses not.  
2 of 2 people found the following review helpful. Big Thoughts  
By Henrik  
This book connected with me in so many ways. It's a book that is meant to get you thinking but also to get you to grow as a person - which means putting yourself out there, pushing yourself to the limit. Only then can you aspire to grow to the biggest person, you can be. Read it, no matter what. You won't regret (and no, it's not new age, it's not religion, it's only sweat)  
6 of 6 people found the following review helpful. Highly recommended to those martial artists looking to take their training to a higher philosophical level  
By Alain B. Burrese  
"On the Warrior's Path: Philosophy, Fighting, and Martial Arts Mythology" by Daniele Bolelli made me think about my own journey with martial arts and military combatives over the years, and for making me ponder my own warrior's path, I thank Bolelli. I thoroughly enjoyed reading this book, and found myself engrossed with some of the essays contained within the just over 200 page text. It's a book I'd recommend to any martial artist wanting to explore more than just techniques found within martial systems. Bolelli writes with an elegant prose that pulls you in and makes you think about things you may not have thought about before. You can compare it with the subtle finesse of an accomplished master of internal martial arts who overcomes you without you really even realizing what has been done, rather than a young MMA stud who just knocks your head off like Brer Bear in an Uncle Remus tale. Bolelli wrestles with the urge to forge one's character by fighting, a somewhat contradiction, but one that makes sense when reading this book. (One that makes sense to most of us who practice martial arts for any length of time.) The book is more like a collection of essays, and I found I connected with some of these more than others. However, as a whole these chapters connect the dots and form a comprehensive look at what the title says it will: philosophy, fighting, and martial arts mythology. Topics such as the body as a temple, ancient warriors such as the samurai and Chinese poet warriors are addressed, warrior rites and archetypes are looked at, and various arts and styles from traditional to the modern MMA are examined. There is also a chapter devoted to the philosophy of Bruce Lee's Jeet Kune Do that those who are interested in this martial art icon should find most interesting when wanting to learn more about what shaped Lee's philosophy. Plus so much more. This is one of those books that will be different for each reader. While Bolelli shares parts of his journey, or path, the real importance of this work is how it stimulates the reader to look within and discover their own reasons, their own philosophy, and their own path. This is what the book did for me, and if you read it with an open mind, ready for self-introspection, you may find it does the same for you. Highly recommended to those martial artists looking to take their training to a higher philosophical level.  
Reviewed by Alain Burrese, J.D., author of the "Lock On Joint Locking Essentials" DVDs and others.

From the "chop-sockey" kung-fu epics on the big screen to practices like tae kwon do at local community centers, the martial arts have become a major phenomenon in Western culture. In *On the Warrior's Path*, author Daniele Bolelli examines the central figure in this trend: the warrior. Bolelli, himself a martial artist, looks at every facet of the warrior lifestyle, from the unbreakable tenacity of the Japanese swordsman to the contemplative practices of the mysterious warrior monks of China. Drawing from both classical and popular sources of warrior culture, Bolelli shows what it takes to inhabit this singular role, along the way making surprising connections between martial arts and psychedelic culture, basketball, American Indian society, surfing, Star Wars, and more.

"Danielle Bolelli has written both a poetic and pragmatic vision of what martial arts can be." - Richard Strozzi-Heckler, Ph.D.  
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About the Author  
Danielle Bolelli teaches at California State Long Beach, Santa Monica College, and UCLA. He is a regular contributor to a variety of martial arts magazines including the *Journal of Asian Martial Arts*, *Inside Kung Fu*, and *Samurai*. Bolelli holds a 4th-degree black belt in Kung Fu San Soo and is a practitioner of the traditional styles of Hsing-I, Pa Kua, and Tai Chi Chuan, as well as the emerging sport, Mixed Martial Arts. He is the author of several books in his native Italy. *On the Warrior's Path* is his first book published in the United States.